

GROSE VIEW PUBLIC SCHOOL CANTEEN

RECESS			LUNCH - ORDER ONLY			SANDWICHES & SALADS - ORDER ONLY		
E	TOMATO PENNE PASTA	\$1	E	PIZZA MELT ON TURKISH BREAD (HAM & PINEAPPLE, CHEESE, HAM & CHEESE, BBQ CHICKEN & HAM)	\$2.50	E	CHICKEN RICE PAPER ROLLS (2 PER SERVING) CHICKEN, LETTUCE, CUCUMBER & CARROT	\$4.50
E	GARLIC BREAD	\$1	E	QUESADILLAS (HAM & CHEESE, SPINACH & CHEESE, BBQ CHICKEN & CHEESE)	\$3.50	E	VEGETARIAN RICE PAPER ROLLS (2 PER SERVING) LETTUCE, CUCUMBER, CARROT & SEASONAL VEGETABLES)	\$4
E	PIZZA TORTILLA ROLL UP	50c	E	CHEESE & HAM BREAD ROLL	\$3	E	CHEESE SANDWICH	\$2.50
E	PANCAKE	\$1	E	LASAGNE	\$5	E	ADD HAM	50c
E	HALF A CHEESE TOASTIE	\$1.50	E	BOLOGNESE PASTA	\$5	E	HAM & CHEESE TOASTIE	\$3.50
E	AIR POPPED POPCORN	50c	E	MACARONI & CHEESE	\$5	E	CHEESE TOASTIE	\$3
E	FRESH FRUIT SALAD	\$4	E	BUTTER CHICKEN & RICE	\$5.50	E	SALMON OR TUNA SANDWICH WITH SALAD	\$4
O	JELLY CUP	\$1	O	CHICKEN NOODLE CUP	\$3	E	HAM & SALAD WRAP OR SANDWICH	\$4.50
E	CUSTARD CUP	\$1	O	3 PACK CHICKEN NUGGETS	\$2.50	E	ADD CHEESE	50c
E	SIPAHH STRAW WITH MILK	\$1	O	GLUTEN FREE 3 PACK CHICKEN NUGGETS	\$3	E	CHICKEN & SALAD WRAP OR SANDWICH	\$4.50
E	UP & GO (CHOCOLATE, STRAWBERRY, VANILLA)	\$2.50	O	6 PACK CHICKEN NUGGETS	\$4.50	E	ADD CHEESE	50c
SNACKS			O	GLUTEN FREE 6 PACK CHICKEN NUGGETS	\$5	E	SALAD WRAP OR SANDWICH	\$4
O	GRAINWAVES (SOUP CREAM & CHIVES)	\$1.50	O	LARGE MEAT PIE	\$4.50	E	ADD CHEESE	50c
O	RED ROCK CHIPS (SEA SALT)	\$1.50	O	SAUSAGE ROLL	\$3.50	O	SWEET CHILI CHICKEN WRAP WITH LETTUCE & AIOLI	\$4.50
DRINKS			O	PARTY PIES (2 MAX PER PERSON)	\$2	O	CHICKEN TENDER WRAP WITH LETTUCE & AIOLI	\$4.50
E	WATER	\$1.50	E	TOMATO OR BBQ SAUCE	60c	E	CHICKEN CAESAR WRAP	\$5
E	JUST JUICE (ORANGE, APPLE & BLACKCURRANT, APPLE)	\$2	BURGERS - ORDER ONLY			E	SALAD BOX WITH LETTUCE, TOMATO, CUCUMBER, CARROT, BEETROOT & DRESSING	\$4
E	SPARKLING GLEE DRINK (RASPBERRY, TROPICAL, BLACKCURRANT, SOUR WATERMELON)	\$3	E	CHICKEN BURGER WITH LETTUCE & SAUCE OR MAYO	\$5.50	E	ADD CHICKEN OR HAM	\$1
E	250mL OAK LIGHT MILK (CHOCOLATE, STRAWBERRY)	\$2.50	E	BEEF BURGER WITH CHEESE, LETTUCE, TOMATO & SAUCE	\$5.50	E	ADD CHEESE	50c
E	200mL MOO BOX (CHOCOLATE, STRAWBERRY)	\$2	E	CHEESE BURGER WITH BEEF, CHEESE & SAUCE	\$5.50	E	CAESAR SALAD WITH COS LETTUCE, HAM, CHEESE, CROUTONS, EGG & DRESSING	\$4
FROZEN ITEMS - LUNCH TIME ONLY			E	HAWAIIAN CHICKEN BURGER WITH PINEAPPLE, HAM, CHEESE, LETTUCE & SAUCE OR MAYO	\$5.50	E	CHICKEN CAESAR SALAD WITH COS LETTUCE, HAM, CHEESE, CROUTONS, EGG & DRESSING	\$5
O	VANILLA ICE CREAM CUP	\$2	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>NO LUNCH ORDERS WILL BE ACCEPTED AFTER 9.30AM.</p> <p>ORDERS CAN ONLY BE MADE ONLINE THROUGH www.flexischools.com.au</p> </div>					
E	QUELCH ICE BLOCKS	\$1						
O	FROZEN YOGHURT CHOC/VANILLA TWIST	\$2.50						
E	FROZEN 99% FRUIT JUICE CUP (ORANGE, APPLE & BLACKCURRANT)	\$1						
E	JUICES TUBES (LEMONADE, WILDBERRY, TROPICAL, ORANGE)	\$1.50						
E	FROZEN CUSTARD POP	20c						

THIS MENU HAS BEEN REVIEWED AND APPROVED BY THE NSW HEALTHY SCHOOL CANTEEN STRATEGY.

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O - OCCASIONAL FOODS E - EVERYDAY FOODS

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