

# MOVING INTO THE TEEN YEARS

## Permission flyer

### To Parents/Carers

Interrelate, in conjunction with your school, is offering a course for students in Year 5. "Moving into the Teen Years" explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

#### The Program

Three 90 minute sessions conducted during school hours

##### Session 1: It's All About Me

Deals comprehensively with the physical and emotional changes experienced at puberty.

##### Session 2: My Changing Body

Looks at what constitutes a healthy relationship and the idea of respect and attraction in relationships. It also covers reproduction, conception, fertilisation and foetal development

##### Session 3: My Changing Relationships

Looks at recognising feelings in relationships. It also examines peer pressure and the impact of peer relationships.

**Questions are encouraged and appropriately addressed as an integral part of this program**

#### ... and your assurance of quality

Interrelate's fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program. Interrelate has more than 90 years' experience in this field and has a reputation for providing excellence in sexuality and relationship education.

Today over 40,000 students and family members participate in Interrelate school and family programs each year.

Interrelate is committed to protecting the privacy of clients (compliant with the Privacy Act 1998) and maintains an ongoing commitment to quality service delivery.

**Please Note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.**

### Interrelate School Services presents Moving into the Teen Years

**Student Cost: \$43.00 per student, includes student workbook**

**at: GROSE VIEW PUBLIC SCHOOL**

**on: Tuesday 18 July, Tuesday 25 July and Tuesday 1 August 2023**

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**Please complete and return to your school with POP receipt number for payment by Thursday 29 June 2023**  
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I wish to enrol my child \_\_\_\_\_ Class \_\_\_\_\_

in Interrelate Year 5 program "Moving into the Teen Years".

I have paid \$43 via POP. Receipt: \_\_\_\_\_

Parent/Carer Signature \_\_\_\_\_ Date \_\_\_\_\_