



# Grose View Public School

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Education  
Public Schools

Teacher\Admin\Sport\Cross Country\2023 Zone Permission.Doc

8 May 2023

Dear Parents/Carers

## ZONE CROSS COUNTRY

Your child, \_\_\_\_\_, has been selected to attend the Hawkesbury Zone Cross Country carnival which will be held at Hawkesbury Showground, Clarendon on **Friday 26 May 2023**.

All children will need to wear school sports uniform and sturdy footwear (not spikes).

All families will need to organise their own transport to and from Clarendon. Please advise the school office if you cannot transport your child to and from Clarendon.

Children will need to be at Hawkesbury Showground by **9.30 am and sign in with me**, so that we can participate in walking the course which will commence at 9.45 am. Mr Carter will also be attending.

The program for the day is as follows. **Please note: There are no specific start times except for the first race. The next race will commence when the previous race has been completed.**

TIME	RACE
9.45 am	Walk the course
10.40 am	8/9 Year Girls 2000 m
Followed by	8/9 Year Boys 2000 m
	10 Year Girls 2000 m
	10 Year Boys 2000 m
	11 Year Girls 3000 m
	11 Year Boys 3000 m
	12/13 Year Girls 3000 m
	12/13 Year Boys 3000 m
	Presentation

The cost to enter the carnival is **\$7 per child** payable to Grose View Public School. Please return permission note before **Wednesday 17 May 2023**.

A canteen will operate on the day with hot food, snacks and drinks.

No pets are allowed to attend the carnival.

### Important information

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the Department of its duty of care to students that may result in claims for compensation.

Parents/carers are advised to assess the level and extent of their child/ward's involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover is required prior to their child/ward's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of use of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from <https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref>. Further information regarding student accident insurance and private health cover is provided at <https://app.education.nsw.gov.au/sport/file/1449>.

### Concussion clearance

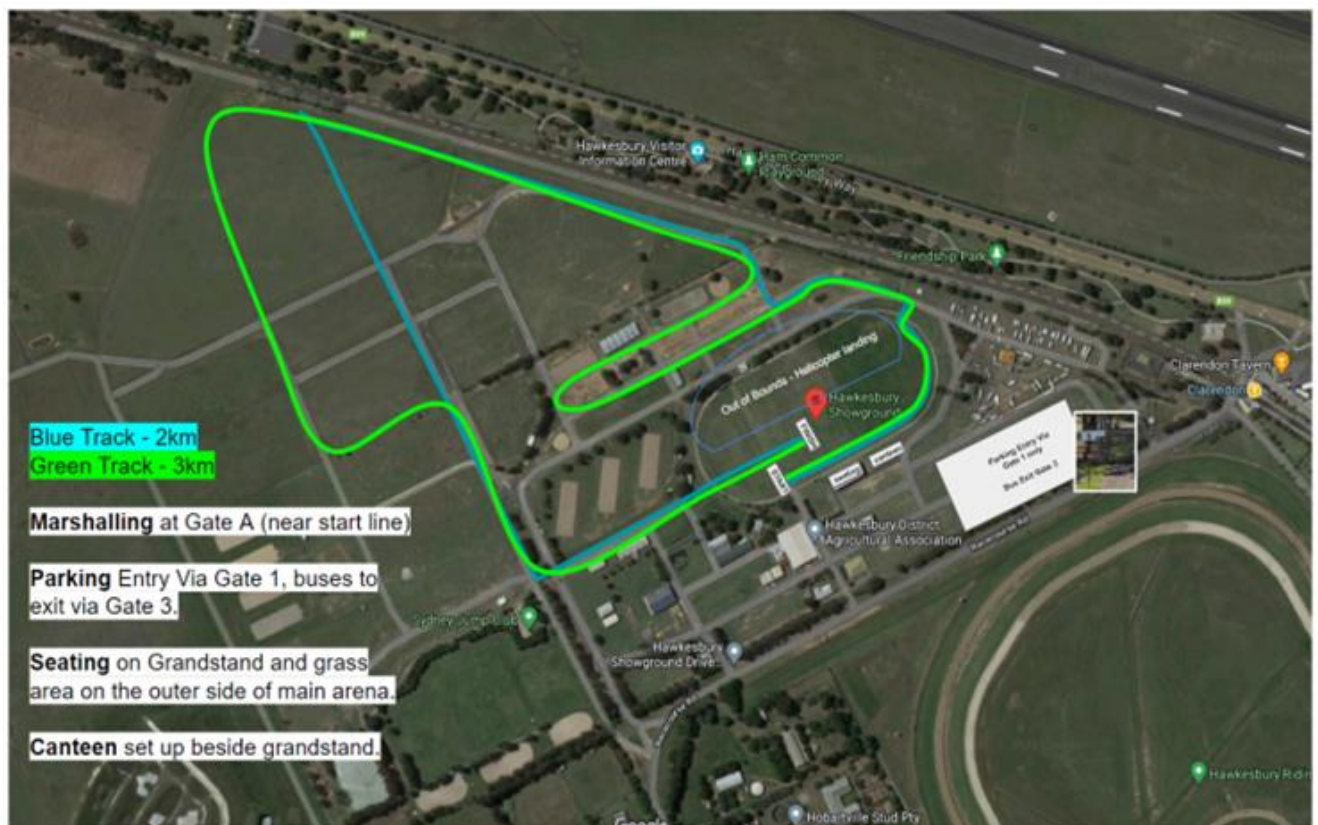
The Australian Medical Association recommends students being symptom-free of concussion for 14 days before returning to sport. Students who have suffered a concussion with 14 days of the event, must provide written clearance from a medical practitioner prior to participating.

If your child/ward sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the event commencing, you must report this to team officials, and a medical clearance is required in order for your child/ward to participate in the event.

Medical clearances can be attached to the consent form or can be submitted to team officials separately.

Yours sincerely

Mrs Belinda Harrington  
Zone Cross Country Coordinator





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## GROSE VIEW PUBLIC SCHOOL

### Zone Cross Country Permission Note



My child \_\_\_\_\_ of class \_\_\_\_\_ is invited to participate in the Zone Cross Country Carnival on Friday 27 May 2022, at Hawkesbury Showground.

- I give permission to attend       I do not give permission to attend
- I paid \$7 via POP. Receipt: \_\_\_\_\_
- I understand I must make transport arrangements for my child.
- I can transport \_\_\_\_\_ extra children       I require transport for my child

Emergency contact phone number for 27 May: \_\_\_\_\_

Medical information: \_\_\_\_\_

- I affirm that, to the best of my knowledge, my child/ward has no medical condition or injury that places him/her at risk by participating in this sport activity.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility for expenses incurred.
- I confirm that I understand that, in the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity.
- I acknowledge that if my child/ward sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the event commencing, I am required to report this to team officials. I further acknowledge that, should this occur, my child/ward will only be permitted to participate in the event, if a medical clearance is provided. (see Concussion statement).

Parent/Carer Signature: \_\_\_\_\_ Date: \_\_\_\_\_