



11 November 2020

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Dear Parents/Carers

2020 HAWKESBURY CUP NRL GALA DAY – MEDICAL & ADDITIONAL INFORMATION

Congratulations! Your child's name has been successful in trying out for the NRL Gala Day to be held on **Wednesday 18 November at Windsor Sporting Complex.**

This gala day will have modified rules and **DOES require tackling.** All students will be supplied with a Grose View PS jersey. Students must wear their Grose View PS school shirt and will be given their jersey on the day. They will also require:

- football shorts (black or green)
- football socks
- head gear
- mouth guard
- a packed recess and lunch
- a labelled drink bottle
- sunscreen

Venue: Windsor Wolves, Sporting Complex

Spectators: It is preferred that no spectators attend due to COVID-19. Should a parent wish to remain on the day, please limit the number to one per family. All spectators must sign in on the day.

Date: Wednesday 18 November

Times: 8.30 am – 2.30 pm

Uniform: Football jersey and football clothes including items mentioned above

Recess/Lunch: To be brought by student

Supervision: Authorised school personnel – Manager, Coach and Trainers. NRL will have fully qualified medical staff in attendance on the day

Behaviour: If behaviour is inappropriate parents will be contacted to withdraw the child from gala day. Please ensure that you and your child read through the "NRL Code of Conduct" information on the following page, sign and return

Sickness: If your child is ill on the day please contact both the office and the course school as a courtesy, as an attendance roll is kept and passed onto the office.

Parent Volunteer: If you are a registered League Safe Trainer (yellow shirt) and are able to assist on the day with running drinks to the players please indicate your availability on the following page.

- You have indicated that you are able to transport your child to and from the gala day.

Please ensure your child is at Windsor Sporting Complex by **8.30 am** for a warm up at the sporting field. The day is scheduled to conclude at **2.30 pm**.

The students travelling with you to and from the venue: _____

- You have indicated that you are unable to transport your child to and from the gala day.

Your child will be travelling to and from the venue with: _____

Please ensure your child is at school by **7.45 am** for pick up for an **8.30 am** warm up at the sporting field. The day concludes at **2.30 pm**. It is expected that students will arrive at school by **3.15 pm**.

Competition Format

The format for the competition will be a round robin.

Grose View PS will be competing in the Open age group. The senior competition is 13 a side.

Three (3) points will be awarded for each win, two (2) for a draw, one (1) for a loss and zero (0) points for a forfeit.

Teams have a maximum of six tackles each possession.

All matches will be twenty minutes (10 minutes each way) with a quick turnaround. No half time.

All tries are worth four (4) points.

Conversions are worth two (2) points. The ball must be placed where the try is scored or brought 20 m in field if scored towards the sideline. Kicker **must** be rotated.

All games will be played under the unlimited interchange rule.



2020 Hawkesbury Cup

Wednesday 18th November Windsor Sporting Complex

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OPENS (Windsor Sporting Complex)

Division
Cleary
Richmond NTH
Wilberforce PS
Grose View PS

Under 10s (Windsor Sporting Complex)

Division
Yeo
Richmond Nth Ps
Wilberforce PS

TIME	DIVISION	FIELD 1	
9.25 am	Cleary	Richmond NTH	Grose View
9.50 am	Yeo	Wilberforce	Richmond NTH
10.15 am	Cleary	Richmond NTH	Wilberforce
10.40am			
10.55am	Cleary	Wilberforce	Grose View
11.20am	Lunch		
11.55am	Cleary	Richmond NTH	Grose View
12.20pm	Yeo	Wilberforce	Richmond NTH
12.45pm	Cleary	Richmond NTH	Wilberforce
1.10pm	Yeo	Richmond NTH	Wilberforce
1.35pm	Cleary	Wilberforce	Grose View
2.10pm	FINAL		

Please complete the medical and additional information on the following page and return to school by **Monday 16 November 2020**.

Yours sincerely

Mrs Tamara Hopkins
Assistant Principal



Grose View Public School

~ A future focused school ~



Education
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GROSE VIEW PUBLIC SCHOOL

2020 Hawkesbury Cup NRL Gala Day

My child is registered with NRL Junior League Player ID: _____

I give permission for my child to be photographed by NRL for social media purposes

I am able to assist on the day as I am a League Safe trainer My ID: _____

Student's Name _____

Year _____ Class _____

Parents' Address _____

Work _____ Mobile _____

Medicare No _____

Doctor's name _____ Phone no _____

Please indicate any conditions that may affect your child while on this excursion eg asthma, allergies, epilepsy

What special care is recommended? (Indicate any medications and dosage rates) _____

Parent/Carer Signature _____ Date ____/____/____

Emergency contact phone number on the day _____

Medical needs or information _____

I hereby authorise the teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary.

Parent/Carer Signature _____ Date ____/____/____



"NRL CODE OF CONDUCT"

PLAYERS

- Play for the fun of competing – not just to please others
- A good player is a self-disciplined person – stay in control of yourself always
- Never be guilty of any "cheap shots" – i.e. taking an unfair advantage of another
- Be a good sport – respect good play, whether yours, your team's or an opponent's
- Never argue with the Referee or any others there to help you
- Work hard on your own game and play your part in the team effort
- The rules are there to ensure your enjoyment & safety – Play by them
- Always co-operate with those in your team

COACHES, PLAYERS & PARENTS

- Unreasonable demands made on players rarely bear fruit
- Teach respect for rules and authority, by word and example
- Support every effort to rid school sport of verbal & physical abuse
- It may not be necessary to de-emphasize winning as to decriminalize losing
- Avoid tendency to over use a talented -player
- Show respect for all and commitment to their well-being
- Be positive avoid harsh criticism or ridicule
- Injured players should not be allowed to compete – for their own sake
- Encourage the development of basic skills – first and foremost
- Teach the players that an honest effort is as important as victory
- Teach players to realize that there's a big gap between their play and the professional game

SPECTATORS

- Condemn any forms of violence
- Respect the Referee's decisions – he usually knows better than you do
- Behave! Any unseemly language, harassment of anyone or childish behavior is not a good example for those who should be leaders
- Applaud good play – not just your own teams
- Remember that the players are not there primarily to entertain you or to meet your expectations
- Never ridicule or scorn a player for making a mistake – respect their efforts
- Respect the opposition and all authority figures
- Be encouraging to all – be positive in all you say

STUDENT NAME: _____

SIGNED: _____

DATE: _____

PARENT NAME: _____

SIGNED: _____

DATE: _____