



Grose View Public School Newsletter

12 May 2021

Term 2 Week 4

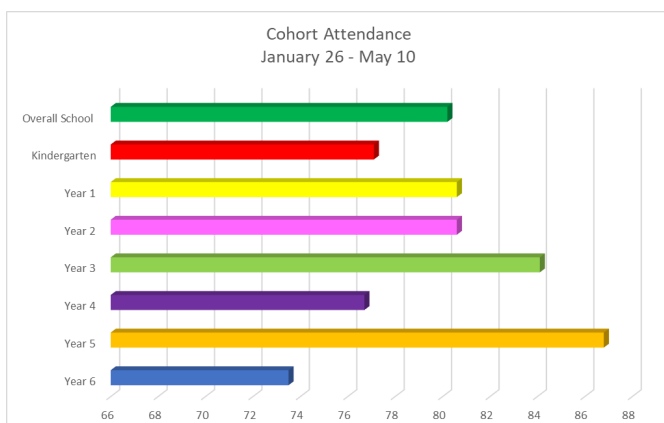
Volume 8

From the Desk of the Principal

ATTENDANCE

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. Grose View Public School works in partnership with parents/carers to encourage and support regular attendance of all students. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

The graph below shows the percentage of students attending school 90% or more of the time. Currently as a school we have 80.2% of students attending school 90% or more of the time. While this may seem like a great result, this means that 20% of our students are missing at least one day per fortnight of school. Missing just one day per fortnight equates to a student missing four weeks of school every year, and by the end of Year 12 these students will miss the equivalent of 2.5 years of schooling. This obviously has a huge effect on the educational achievement of these students.



As you can see in the graph, Year 5 have the best attendance with over 80% of our students attending 90% or more of the time. Our goal is to have as many students as we can with attendance rates of 100%. We understand that this is not always possible and students get sick, in which case parents simply need to let the school know

by writing a note, or logging onto Sentral and submitting a notification of absence. If your child is refusing to come to school, or you believe there are extenuating circumstances for your child's attendance, please contact your child's classroom teacher to seek advice and support.

Together we can ensure that all of our students are attending school, every day, giving them the best possible chance of educational success.

COMMUNICATION, COMPLAINTS AND ENQUIRIES

We endeavour to communicate clearly to the community through:

- Facebook
- ClassDojo
- School Bytes
- School Website
- Newsletter

At times, parents/carers and community members may have questions about events at school and these communication channels are always the first and best source of information. However, if you are unsure, or can't find the answer you are looking for, please contact the school. You can call the office or send your class teacher a message through ClassDojo.

Just a reminder that all school notes are placed on the school website under the "School notes" heading on the front page. If your child has lost a note, or you are seeking additional information about an event, this should always be the first place to find the answers you are looking for.

We understand that at times we may get things wrong, or there may be confusion about something that has happened at school. If you do have a complaint or enquiry, please keep in mind that there are procedures in place to handle such situations.

In the first instance you need to speak with your child's classroom teacher to address any concerns with your child. If the situation is not resolved, you need to speak with the stage supervisor. We have three stage supervisors, they are:

Stage 1 – Mrs Edwards
Stage 2 – Mrs Harrington
Stage 3 – Mrs Hopkins

If in the unlikely event that the situation is still not resolved, the complaint would be raised with myself through the school office.

STAFF PROFESSIONAL LEARNING

An integral part of Grose View Public School's Strategic Improvement Plan (which is published on the school website) is the professional learning of staff. We know through extensive research that the single biggest in-school indicator of student academic success is the quality of the classroom teacher. While we already have a team of dedicated and high-performing staff, we are always looking at engaging with research to improving our craft in order to drive student learning across the school. To start the term, staff have been engaging in collaborative conversations about assessment and explicit teaching and the research that underpins these areas of school operation. The collaborative knowledge built through engaging with this research and collegial dialogue will help us to strengthen our systems across the school to ensure that every student, in every classroom makes progress every single day.

If you would like to learn more about our school directions, please download a copy of our Strategic Improvement Plan from the school website. If you would like more detail about the research, please contact me through the school office.

HEALTHY EATING

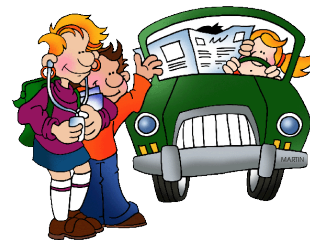
Nutrition is important for children to develop healthy bodies and strong brains. Establishing good eating habits early in life will support children to make healthy choices as they get older. I have included some Nutrition Snippets provided by the Cancer Council, Healthy Lunch Box initiative. As a parent of two young children myself, I know how hard it can be to keep things interesting and healthy in lunchboxes on a day-to-day basis. The snippets provide some easy and healthy ideas for your child's lunchbox and they also have a website from even more great ideas. All information is contained within the flyers. I hope you find them as useful as I have.

KISS AND DROP

We have had some good news with our Kiss and Drop zone at the front of the school. After a recent visit from a parking inspector a couple of weeks ago, a number of parents/carers spoke with me about issues with picking up students in the afternoon. While we haven't solved all of the problems with the drop-off and pick-up, the council have accepted our solution for the Kiss and Drop area.

Currently we can fit three cars at the front of the school before a bus bay section stops parents/carers from accessing the Kiss and Drop zone. The council have agreed to move the signs from the straight section of the bus bay to allow for more cars to fit within the Kiss and Drop zone, with the bus bay being moved to the turning bay only. This will allow for seven to eight cars to access the Kiss and Drop Zone at any one time. A reminder that the law states that cars are allowed in the Kiss and Drop Zone for two minutes, the engine must remain on and the driver must remain in the vehicle.

There are still other areas for the school to address with regards to parking and turn zones and the P&C raised some of these at our most recent meeting, however, this is a first great step. We have not been informed about when the signage will be replaced and we will keep you updated on the progress of this change.



Until next time, be positive, persistent and be kind.

Matt Carter

Sydney West Swimming Carnival

Mr Carter, Mrs Stone and I were incredibly lucky to organise and accompany the Hawkesbury District Swimming Team to the Sydney West Swimming Carnival at Homebush Aquatic Centre on Wednesday 17 March.

We congratulate Grose View Public School students, Eric P and Hunter A who both participated enthusiastically in their swimming races demonstrating great sportsmanship and encouragement towards fellow athletes during the event.,

Heidi Lavender

Sydney Writers' Festival

On Thursday 29 April, we had the pleasure of accompanying 30 students to the Sydney Writer's Festival at the Joan Sutherland Centre in Penrith. The students heard presentations from some great Australian authors on how they began their careers, what inspires them to write or illustrate and how students can use everyday events to develop their imaginative worlds in their writing.

The authors included: Ben Woods and Andrew McDonald who write and illustrate the *Real Pigeons* series; Kirli Saunders who is a poet, educator and author, was the NSW Aboriginal Woman of the Year in 2020 and the winner of the CBCA Notables 2021 prize for her book *Bindi*; Jessica Townsend the author of *Nevermoor* and many other amazing stories; and the famous Emily Rodda author of over 100 books including *Rowan of Rin*, *Deltora Quest* series and her latest release *Eliza Vanda's Button Box*.



Students from Grose View Public School were lucky to receive a signed copy of Emily Rodda's latest book to bring back to school and a copy of all of the other texts can be found in our school library to borrow.

Heidi Lavender & Belinda Harrington

Cross Country Carnival

There was a definite buzz in the air from the very first 'beep' of the starter's gun as the 2021 Grose View PS Cross Country Carnival got underway. Students (and some staff) were keen to put their paces to the test, while others were happy to be out enjoying the elusive sunshine.

The very best of Grose View PS was on display; grit, determination, sportsmanship and a 'give it a go' attitude. The course was gruelling, from the steep incline of the 'Goat Track' to precarious descent at 'Mill's Retreat'. There were some exciting finishes that came down to the last few strides.

Competition was just as fierce with the fashion on the fields. The Wattle teaching staff brought their A Game and what they lacked in dignity, they certainly made up for in fabric and flair.

Congratulations and well done to all the students who participated in a race and a special mention to the students who placed in a race and have progressed to the Zone Cross Country Carnival to be held at Hawkesbury Showground on Friday 21 May.

The Stage 2 team would like to extend a hearty thank you to all of our parent volunteers who cheered from the sidelines and made the day run smoothly.

Well done to Waratah who took out the coveted Champion House award.

Belinda Harrington, Julia Hutchins & Sophie Dixon



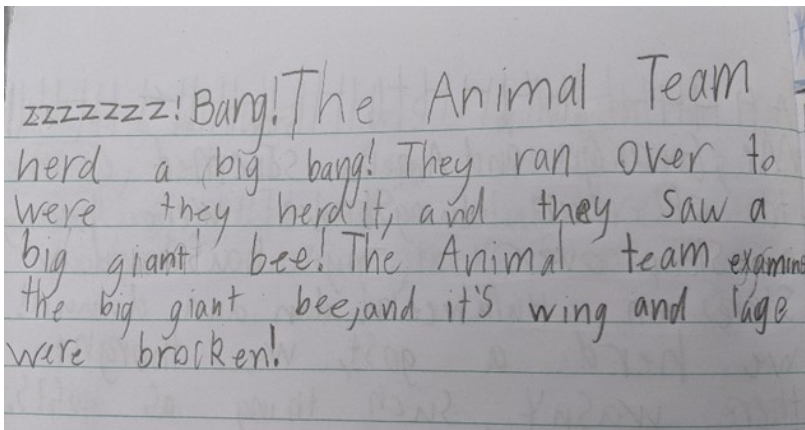
Snapshot of 1/2C



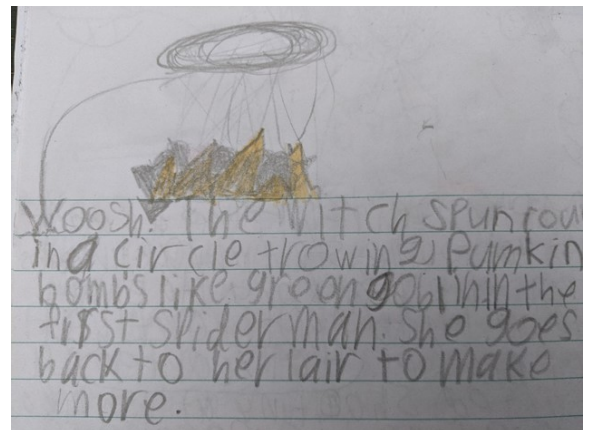
What We're Learning

Shhh! Did you hear that? It's what we in 1/2C call goldfish bait... and you just got hooked!

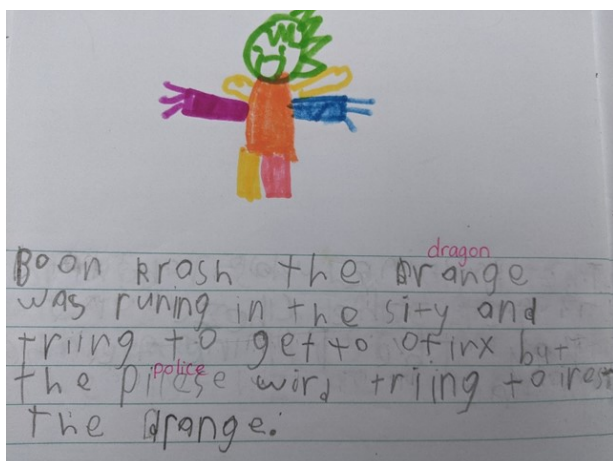
Lately 1/2C have been working hard to improve our writing. We know that the average reader these days has the attention span of a goldfish, so we need to grab their interest right from the start. To make sure we do this successfully it's imperative that we start writing from a moment of change (aka "the exciting bit"). There's a few ways we can do this, but our favourite is to grab your attention with a sound. We hope you enjoy the cacophonous results of our most recent lessons.



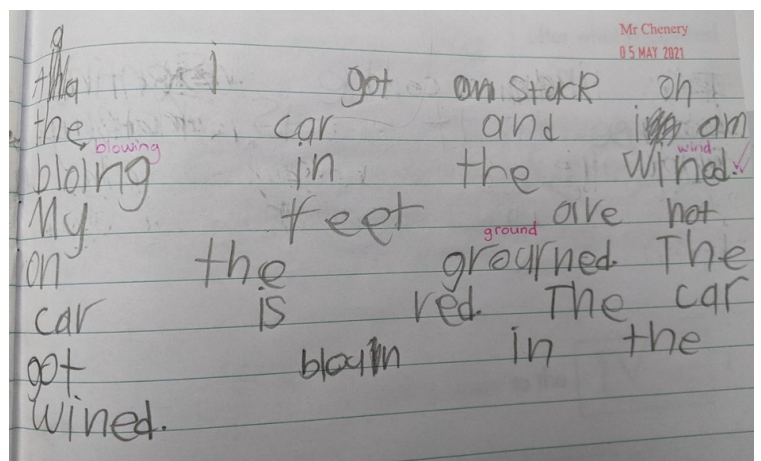
Emilia, Year 2



Archer, Year 2



Byron, Year 1



Amaya, Year 1



Teacher Contact Information

Mr Matthew Chenery
matthew.chenery@det.nsw.edu.au





PULSE JUNIOR DANCE ENSEMBLE

Congratulations to Ashleigh B and Violet G who auditioned and have been selected as members of the PULSE Junior Dance Ensemble.

Well done girls!

JUST A LITTLE *Reminder*

KISS N DROP

We have now had several complaints about vehicles remaining in the Kiss n Drop zone for more than 2 minutes after dropping students at school in the morning.

We have also had a visit from a Council Ranger.

Please remember there is a **maximum stopping time of 2 minutes**, and be courteous to your fellow parents/carers by following this and other rules.

Just a little bit late doesn't seem much but.....

He/ She is only missing just....	That equals....	Which is.....	and over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly <u>Half a year</u>
20 minutes per day	1 hour 40 mins per week	Over 2.5 Weeks per year	Nearly <u>1 year</u>
Half an hour per day	Half a day per week	4 Weeks per Year	Nearly <u>1 and a Half years</u>
1 hour per day	1 day per week	8 Weeks per year	Over <u>2 and a Half years</u>

CALENDAR

Thursday 13 May		NAPLAN
Friday 14 May		NAPLAN
Monday 17 May		Peer Support Training Day
Wednesday 19 May	9.00 am	Debate—Grose View vs Kurrajong North National simultaneous Storytime from Space Peer Support
Friday 21 May		Zone Cross Country Greater Sydney Junior Landcare Team Award Ceremony
Wednesday 26 May		Peer Support
Friday 28 May		THiNK BLAST!
Wednesday 2 June	5.30 pm	Synergy Dance Festival rehearsal Peer Support Synergy Dance Festival evening performance
Thursday 3 June		NRL League Stars Inspire Session (Stages 2-3)
Monday 7 June		Public Speaking Competition
Wednesday 9 June	2.00 pm	Sydney West Cross Country Synergy Dance Festival matinee performance Assembly—Award Badges
Thursday 10 June		Peer Support
Friday 11 June		Year 5 Leadership Day
Monday 14 June		Queen's Birthday Public Holiday
Thursday 17 June		Oztag Gala Day
Monday 21 June		Great Aussie Bush Camp (Stage 3)
Tuesday 22 June		Great Aussie Bush Camp (Stage 3)
Wednesday 23 June		Great Aussie Bush Camp (Stage 3)
Thursday 24 June		NAIDOC incursion Reports sent home
Friday 25 June		NAIDOC incursion Last day of Term 2
Monday 12 July		School Development Day—no students

P&C NEWS

The canteen serves breakfast, recess and lunch on Wednesday and Fridays and cash sales over the counter will be accepted.

It would be greatly appreciated, however, if you would continue to place lunch orders through Flexischools whenever possible as it makes the process of preparing and distributing orders more streamlined.



If you are able to volunteer in the Canteen, even if only for an hour or two, please leave your contact details with the office.

For more updates and announcements regarding the canteen please follow our Facebook page *Grose View Public School Canteen*.

Thank you for your continued support of our canteen.

Rebecca Camilleri



Thank you to the organisers and helpers who enabled our students to purchase gifts for the special ladies in their lives.

We appreciate your help, and the proud smiles on student faces was priceless!

NOTICES

Nutrition Snippet

FAKEAWAYS.

Cooking at home is not only healthier, it will save you money.



Try these fakeaway recipes:

- [Chicken burrito bowls](#)
- [Lentil burgers](#)
- [Easy pizza](#)

For these recipes and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

NOTICES

Healthy Lunch Box website

A one-stop-shop for everything you need to know about packing a healthy lunch box.



Here's what you'll find on the website:

- Interactive lunch box builder that helps parents and kids plan and pack a healthy lunch with foods they like.
- Lots of quick and easy recipes and snack ideas.
- Informative blogs about healthy eating for the family.
- Sign up to receive the Healthy Lunch Box e-newsletter for ideas, updates and recipes.

healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

NOTICES

Nutrition Snippet

SNACK ATTACK.

**Kids on average eat 4 snacks a day.
Don't let biscuits and chips be 'go to snacks'.**



Try these healthy snacks instead:

- Apple & date bliss balls
- Poppetana
- Tomato & cheese damper

For more healthy snack swaps visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

NOTICES



**Our Children
Our Communities
Our Future**

The 2021 Australian Early Development Census

Counting on parents

The Australian Early Development Census (AEDC) is a national census that builds a picture of the health and wellbeing of children as they start their first year of full-time school.

Every school with children in their first year of full-time school has a vital role to play in helping our nation collect the information it needs to support our children and their families as we recover from the challenges of the COVID-19 pandemic.

Since 2009, communities, schools and governments across Australia have used results from the AEDC to help provide the right kinds of services, resources and support.

From May 2021, teachers will complete the Instrument (AvEDI) about children in their first year of full-time school.

AEDC results for individual children are not reported and individual children cannot be identified.

With the support of parents/carers and schools we can build a more complete picture of childhood development in Australia. If parents/carers consent to the collection of their child's information they do not need to do anything. Parent/carers only need to contact the school if they do not consent to the collection of their child's information.

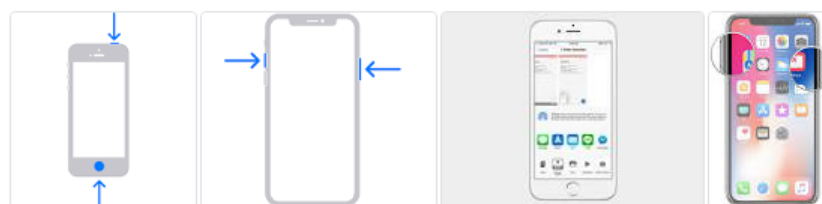
To find out more about the census and how communities are using the data to help children and families visit the AEDC website www.aedc.gov.au



PCK-001

Please take a screenshot of your SMS notification and email it to:
groseview-p.school@det.nsw.edu.au

NOTICES



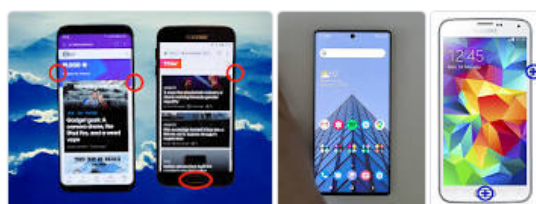
Take a screenshot on your iPhone

1. Press the Side Button and the Volume Up button at the same time.
2. Quickly release both buttons.
3. After you take a **screenshot**, a thumbnail temporarily appears in the lower-left corner of your screen. Tap the thumbnail to open it or swipe left to dismiss it.

Apr 29, 2020

[support.apple.com > en-au](https://support.apple.com/en-au) ▼

[Take a screenshot on your iPhone – Apple Support](https://support.apple.com/en-au)



If you have a newer **phone** or tablet with a home button that sits underneath the LCD display, you'll need to use the Volume Down button and the Power button to take a **screenshot**. Hold both buttons at the same time and you should hear a click to indicate the **screen capture**. Apr 7, 2020

[www.samsung.com > support > mobile-devices > how-to-take-a-screenshot-on-a-samsung-phone](https://www.samsung.com/support/mobile-devices/how-to-take-a-screenshot-on-a-samsung-phone) ▼

[Screenshot on a Samsung Phone | Samsung Support Australia](https://www.samsung.com/support/mobile-devices/how-to-take-a-screenshot-on-a-samsung-phone)

How to screenshot on Android phone?

Take a screenshot

1. Open the screen that you want to capture.
2. Depending on your **phone**: Press and hold the Power + Volume down buttons at the same time for a few seconds. If that doesn't work, press and hold the Power button for a few seconds. Then tap **Screenshot**. ...
3. At the top of the screen, you'll find **Screenshot** capture .

[support.google.com > android > answer](https://support.google.com/android/answer/9358263) ▼

[Take a screenshot on your Android device - Android Help](https://support.google.com/android/answer/9358263)

Search for: [How to screenshot on Android phone?](https://support.google.com/android/answer/9358263)

NOTICES



JOIN SCOUTS

GIRLS & BOYS.

1st GROSE VALE SCOUT GROUP

HALL LOCATION:

Mill Road, Kurrajong

Before you start your first week-
Contact

JOHN: Group Leader.

john.arrowsmith@nsw.scouts.com.au

Phone: 0411 400 049

OR

KEN: Assistant Group Leader.

ken.barnes@nsw.scouts.com.au

PHONE: 0407 432 420

MEETING TIMES

JOEYS 5 to 8 years old

Wednesday nights:

5:15 pm to 6:15 pm

CUBS 8 to 11 years old

Wednesday nights:

6:30 pm to 8:00 pm

SCOUTS 11 to 14 years old

Monday nights:

6:30 pm to 8:30 pm

VENTURERS 14 to 18 years old

Tuesday nights:

6:30 pm to 8:30 pm

Sometimes we meet at other
locations for other activities.

NOTICES

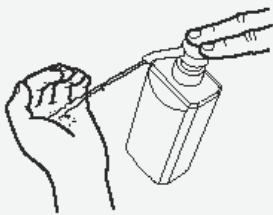
How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED



Duration of the entire procedure: 20-30 seconds

1a



Apply a palmful of the product in a cupped hand, covering all surfaces;

1b

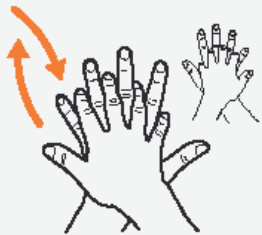


2



Rub hands palm to palm;

3



Right palm over left dorsum with interlaced fingers and vice versa;

4



Palm to palm with fingers interlaced;

5



Backs of fingers to opposing palms with fingers interlocked;

6



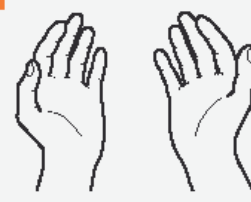
Rotational rubbing of left thumb clasped in right palm and vice versa;

7



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

8



Once dry, your hands are safe.



Patient Safety

A World Alliance for Better Health Care

SAVE LIVES
Clean Your Hands

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May 2009

NOTICES

WE'RE HERE TO HELP!

THE SCHOOL COUNSELLING SERVICE IS HERE TO HELP SUPPORT YOU AND YOUR FAMILY.

CHILDREN'S REACTIONS TO TRAUMATIC EVENTS MAY RESULT IN CHANGES TO THEIR BEHAVIOUR. IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD'S REACTIONS OR BEHAVIOUR, PLEASE CONTACT THE SCHOOL.



**SOME THINGS
YOU MAY
NOTICE IN
YOUNGER
CHILDREN...**

**Difficulty
sleeping**

**More
clingy**

**School
avoidance**

Tantrums

Irritability

**Physical
problems e.g.
headaches,
stomach
aches**

**Difficulty
concentrating**

Anger