



Grose View Public School Newsletter

17 February 2021

Term 1 Week 4

Volume 2

From the Desk of the Principal

SCHOOL STAFF

In the last newsletter I made mention of 2021 class structures and teachers, as well as the newly formed executive team. In this newsletter I would like to introduce our other school staff who support teaching learning at Grose View Public School on a daily basis. It takes a community to raise a child, and this proves true, even within a school. We value and appreciate the work of all staff at Grose View who support the achievement of all students and help to create the wonderful culture of support, high expectations and inclusion.

Support Teachers

Library
Relief from Face-to-Face
Creative and Performing Arts
Relief from Face-to-Face
Learning and Support

Mr Jarrod Eldridge
Mr Michael Smith

Mrs Robyn Thomas
Mrs Jazmin Conway
Mrs Michelle Leer
Mrs Melissa Azzopardi
Mrs Kelly Fitcher
Mrs Nicola Read
Mrs Alison Saunders
Ms Megan Farrell

Music Support
Counsellor

Administrative and Support Staff

Administrative Manager
Administrative Officer
Learning and Support
Officer
General Assistant
Cleaner

Mrs Karen Burke
Mrs Rosemary Foulds
Mrs Mary-Anne Armsworth
Mrs Lynette Beahan
Mr Adrian Mills
Mrs Ana Orellana

SWIMMING CARNIVAL

On Monday I had the pleasure of attending my first carnival at Grose View Public School. We had perfect weather and it was an absolute pleasure to watch so many students striving to achieve their best in the pool. A huge thank you to Mrs Lavender and all staff who helped to organise the day which ran without a hitch. School carnivals don't just happen. There is a mountain of planning and preparation to ensure the day runs smoothly

and we are very appreciative of all staff who made the day run as well as it did. The District Carnival will be held on Wednesday 3 March. Good luck to all of those students who gained entry to the District Carnival and congratulations to all students who demonstrated courage and commitment to achieve their personal best at the carnival.

BUSES

We are aware that there is the need for a bus service from Redbank to Grose View Public School. We have been in contact with Busways to see if there is the possibility to get a new service to Redbank. While the school negotiates with Busways on this issue, we ask that all parents who live in Redbank apply for an Opal Card. Even though there is currently no service, the only way that bus companies can ascertain the need for a new service is through Opal Card applications. The more Opal card applications that are received from families in Redbank, the greater the likelihood of us securing a service between Redbank and Grose View Public School.

You can apply via the website transportnsw.info/school-students. If you require support to apply for an Opal Card, please contact the school office and we will be able to assist you with this process.

ATTENDANCE

As we welcome students back to a new year of schooling, it is important to highlight school attendance and its impact on student learning. When children miss school, they miss the opportunity to learn, make friends and build skills through fun. With the start of a new school year brings the opportunity for new beginnings and opportunities to begin fresh routines. Establishing regular attendance will support all students to learn effectively and achieve their best at school and in life. The graphic on the next page highlights the missed time associated with missed school days.

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses days per fortnight, that's miss weeks per year and years over their school life

1 day per fortnight = 4 weeks = Over 1 year missed

1 day per week = 8 weeks = Over 2.5 years missed

education.nsw.gov.au

Our aim is to have every student attend school every day. If you have any questions about regular school attendance, or you require any support, please contact your child's teacher in the first instance.

Until next time,

Matt Carter

JUST A LITTLE *Reminder*

KISS N DROP

We have now had several complaints about vehicles remaining in the Kiss n Drop zone for more than 2 minutes after dropping students at school in the morning.

Please remember there is a **maximum stopping time of 2 minutes**, and be courteous to your fellow parents/carers by following this and other rules.



Notes & Newsletters

Each time a note is sent home with every student, youngest/only students and selected students a copy is uploaded to our website under "School Notes". If a note has gone astray between school and home, please click on the link and print a copy at home.

Our School Bytes application is proving to be a great tool in ensuring that fewer children miss out on opportunities to join in school events. It allows us to email reminders about outstanding permission notes and/or payments. The emails are personally addressed by the application, however, if you have already returned the note and/or payment you may ignore the reminder.

For this reason, it is more important than ever to keep your email address up to date with the office.



Bus Tags

Coloured tags are available from the office for those students who travel by bus.

The cost is \$2 each.

Bus 680	Bowen Mountain—green
Bus 682/5509	Kurrajong—blue
Bus 5069/5574	North Richmond—pink

Kindergarten

Kindergarten have settled into school life and are enjoying lots of new experiences everyday. Two of our favourite things to do are visit the fixed equipment and feed the chickens. We are getting used to our routines and have loved playing with our Year 6 buddies, they have made us feel very welcome. Kindergarten are also looking after some very special caterpillars at the moment. We have been feeding them fresh citrus leaves and singing our phonics song to them every morning. Very soon they will form a chrysalis and become beautiful butterflies. We are just loving our time at Grose View Public School.

Marina Edwards & Claudia Procopio



School Swimming Carnival

On Monday 15 February, our school held a marvellous swimming carnival where we had almost all our Years 3-6 students attend. We enjoyed great weather with rain and extreme heat not an issue this year. All competitors put in an amazing effort in all their races with many children swimming events for the first time and many other children making personal best (PB) times. Well done to those competitors who have swam qualifying times for the District Swimming on Wednesday 3 March.

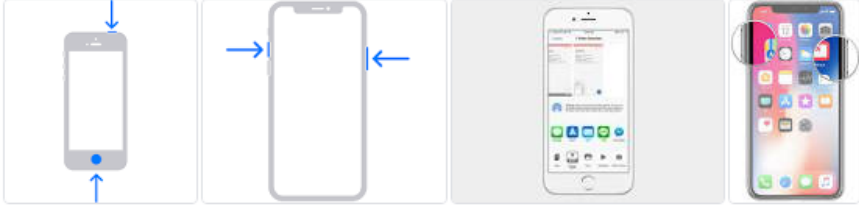
A big thank you to all our amazing families who came to cheer on their children, to our superb parent helpers, staff at the pool and staff back at school who helped behind the scenes to make it a great event.

Heidi Lavender, Maria Dowsing & Sophie Dixon



PROVIDING THE SCHOOL WITH CONFIRMATION OF COVID-19 TEST RESULTS

Please take a screenshot of your SMS notification and email it to:
groseview-p.school@det.nsw.edu.au



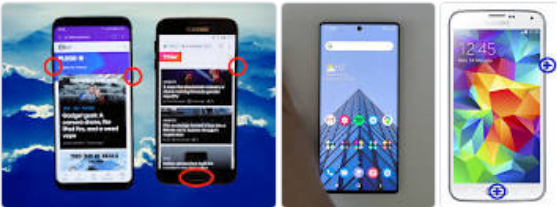
Take a screenshot on your iPhone

1. Press the Side Button and the Volume Up button at the same time.
2. Quickly release both buttons.
3. After you take a **screenshot**, a thumbnail temporarily appears in the lower-left corner of your screen. Tap the thumbnail to open it or swipe left to dismiss it.

Apr 29, 2020

[support.apple.com > en-au](https://support.apple.com/en-au)

[Take a screenshot on your iPhone – Apple Support](#)



If you have a newer **phone** or tablet with a home button that sits underneath the LCD display, you'll need to use the Volume Down button and the Power button to take a **screenshot**. Hold both buttons at the same time and you should hear a click to indicate the **screen capture**. Apr 7, 2020

[www.samsung.com > support > mobile-devices > how-to-take-a-screenshot-on-a-samsung-phone](https://www.samsung.com/support/mobile-devices/how-to-take-a-screenshot-on-a-samsung-phone)

[Screenshot on a Samsung Phone | Samsung Support Australia](#)

How to screenshot on Android phone?

Take a screenshot

1. Open the screen that you want to capture.
2. Depending on your **phone**: Press and hold the Power + Volume down buttons at the same time for a few seconds. If that doesn't work, press and hold the Power button for a few seconds. Then tap **Screenshot**. ...
3. At the top of the screen, you'll find **Screenshot** capture .

[support.google.com > android > answer](https://support.google.com/android/answer/9358263)

[Take a screenshot on your Android device - Android Help](#)

Search for: [How to screenshot on Android phone?](#)

CALENDAR

Thursday 18 February		NRL Skills
Thursday 25 February		NRL Skills
Tuesday 2 March		School Photos
Wednesday 3 March		District Swimming Carnival
Thursday 4 March		NRL Skills
Monday 8 March	6.30 pm	P&C Meeting
Wednesday 10 March		EOIs for Year 7 in 2022 sent home
Thursday 11 March		Selective High School Placement Test NRL Skills
Friday 12 March		Year 6 Longneck Lagoon EEC Leadership Day
Wednesday 17 March		Sydney West Swimming Carnival
Friday 19 March		EOIs for Year 7 in 2022 due to office
Monday 22 March		Mayoral Morning Tea
Tuesday 23 March	3.30 pm	3 Way Conferences
Wednesday 24 March	3.30 pm	NRL Stars Inspire sessions 3 Way Conferences
Thursday 25 March		Halogen Leaders Expo
Friday 26 March		THiNK BLAST!
Wednesday 31 March	2.00 pm	State Swimming Championships Assembly—Award Badges and Swimming Awards
Thursday 1 April		Easter Hat Parade Last day of Term 1
Friday 2 April		Good Friday Public Holiday
Monday 19 April		School Development Day
Tuesday 20 April		First day of Term 2 for students
Friday 23 April		ANZAC Day school service
Sunday 25 April		ANZAC Day

P&C NEWS

CANTEEN

We are pleased to advise that our canteen will return to pre-COVID operations from Wednesday 24 February 2021.

The canteen will serve breakfast, recess and lunch on Wednesday and Fridays and cash sales over the counter will be accepted.



It would be greatly appreciated, however, if you would continue to place lunch orders through Flexischool whenever possible as it makes the process of preparation and distribution of orders more streamlined.

There is an exciting new menu that will also commence on 24 February.

For more updates and announcements regarding the canteen please follow our Facebook page *Grose View Public School Canteen*.

Thank you for your continued support of our canteen.

Rebecca Camilleri

SCHOOL BANKING

We have had a parent volunteer to process student banking. When approved by P&C we will provide more information.

In the meantime, please do not send deposit books and money to school with your child.

Parents may continue to make deposits either online or in branch.





GROSE VIEW PUBLIC SCHOOL CANTEEN

P&C NEWS

BREAKFAST	
E FRESH FRUIT (SEASONAL FRUITS)	\$1
E MILO (WARM OR COLD MILK)	\$1
E 1 SLICE OF TOAST WITH SPREAD	50c
E 1 SLICE OF RAISIN TOAST	50c
E UP & GO (CHOCOLATE, VANILLA, STRAWBERRY)	\$2
E PANCAKE	50c
E SIPAH STRAW WITH CUP OF MILK	\$1
RECESS	
E ENGLISH MUFFIN PIZZA (HAM & PINEAPPLE, CHEESE, HAM & CHEESE, BBQ CHICKEN & HAM)	\$1.50
E HAM & CHEESE FRITTATA	50c
E PANCAKE	50c
E CORN COBLETTE	50c
E CHEESE & CRACKERS	50c
E AIR POPPED POPCORN	50c
E FRUIT SALAD	\$1
E JELLY CUPS MADE WITH 99% FRUIT JUICE	50c
SNACKS	
O GRAINWAVES (SOUR CREAM & CHIVES)	\$1
O RED ROCK CHIPS (SEA SALT)	\$1
DRINKS	
E SPRING WATER	\$1
E 99% FRUIT JUICE (ORANGE, APPLE & BLACKCURRANT, APPLE)	\$1.50
E JUICE BOMB (LIME, RASPBERRY, BLACKCURRANT, WATERMELON)	\$2
E OAK LIGHT MILK (CHOCOLATE, STRAWBERRY)	\$2

LUNCH - ORDER ONLY	
E ENGLISH MUFFIN PIZZA (HAM & PINEAPPLE, CHEESE, HAM & CHEESE, BBQ CHICKEN & HAM)	\$1.50
E LASAGNE	\$4.50
E BOLOGNAISE PASTA	\$4.50
E MACARONI & CHEESE	\$4.50
E BUTTER CHICKEN & RICE	\$4.50
O CHICKEN NOODLE CUP	\$2
O 3 PACK CHICKEN NUGGETS	\$1.50
O GLUTEN FREE 3 PACK CHICKEN NUGGETS	\$2
O 5 PACK CHICKEN NUGGETS	\$3
O GLUTEN FREE 6 PACK CHICKEN NUGGETS	\$4
O LARGE MEAT PIE	\$3.50
O GLUTEN FREE LARGE MEAT PIE	\$4
O SAUSAGE ROLL	\$2.50
O PARTY PIES (2 MAX PER PERSON)	\$1
BURGERS - ORDER ONLY	
E CHICKEN BURGER WITH LETTUCE, TOMATO & SAUCE OR MAYO	\$4
E BEEF BURGER WITH LETTUCE, TOMATO & SAUCE	\$4
E CHEESE BURGER WITH BEEF, CHEESE & SAUCE	\$4
FROZEN TREATS - LUNCH TIME ONLY	
O VANILLA ICE CREAM CUP	\$1.50
E QUELCH ICE BLOCKS	50c
O FROZEN YOGHURT CHOC/VANILLA TWIST	\$2
E FROZEN 99% FRUIT JUICE CUP	50c
E JUICES TUBES (LEMONADE, WILDBERRY, TROPICAL, ORANGE)	\$1

SANDWICHES & SALADS - ORDER ONLY	
E CHICKEN RICE PAPER ROLLS (2 PER SERVING)	\$3
E CHICKEN, LETTUCE, CUCUMBER & CARROT	
E VEGETARIAN RICE PAPER ROLLS (2 PER SERVING)	\$3
E LETTUCE, CUCUMBER, RED CABBAGE, SPROUTS & CARROT	
E CHEESE SANDWICH	\$2
E ADD HAM	50c
E HAM & CHEESE TOASTIE	\$2.50
E WARM CHICKEN & CHEESE ROLL	\$3
E SALMON OR TUNA SANDWICH WITH SALAD	\$2.50
E HAM & SALAD WRAP OR SANDWICH	\$3.50
E ADD CHEESE	50c
E CHICKEN & SALAD WRAP OR SANDWICH	\$3.50
E ADD CHEESE	50c
E SALAD WRAP OR SANDWICH	\$3.50
E ADD CHEESE	50c
O SWEET CHILI CHICKEN WRAP WITH LETTUCE & AIOLI	\$3.50
O CHICKEN TENDER WRAP WITH LETTUCE & AIOLI	\$3.50
E CHICKEN CAESAR WRAP	\$4
E SALAD BOX WITH LETTUCE, TOMATO, CUCUMBER, CARROT & BEETROOT	\$3
E ADD CHICKEN OR HAM	\$1
E ADD CHEESE	50c
E CAESAR SALAD WITH COS LETTUCE, HAM, CHEESE, CROUTONS, EGG & DRESSING	\$3
E CHICKEN CAESAR SALAD WITH COS LETTUCE, HAM, CHEESE, CROUTONS, EGG & DRESSING	\$4

CONTACT US AT gypscanteen@gmail.com
 FOLLOW US ON FACEBOOK AT
 GROSE VIEW PUBLIC SCHOOL CANTEEN



NO LUNCH ORDERS WILL BE ACCEPTED AFTER 9.30AM.
 ORDERS CAN BE MADE ON A BROWN PAPER BAG OR ONLINE THROUGH
 FLEXISCHOOLS www.flexischools.com.au



THIS MENU HAS BEEN REVIEWED AND
 APPROVED BY THE NSW HEALTHY SCHOOL
 CANTEEN STRATEGY.
 O - OCCASIONAL FOODS
 E - EVERYDAY FOODS

Version 2.0 ©

NOTICES

School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now [apply](#) online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [re-apply or update their details](#).

*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.


[Term Bus Pass](#) holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before 31 December 2020 to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

NOTICES




Cheeky Monkeyz
Fun Entertainment for Kids

Multi-Sport Classes
Learn a new sport every 4 weeks!

Kids socialise with other kids their own age
learning skills and make friends.
It's designed to build self-confidence and
co-ordination and most of all its FUN!

Ages 2 to 7yrs, Small class sizes

Activities will include:
**Tennis, Rugby, Basketball, Softball, AFL,
Hockey, Soccer, Cricket, Athletics**



Classes held at Richmond Park

BOOK NOW!
shaun@cheekymonkeyz.com.au
0421 251 002

Find gocheekymonkeyz on **facebook**

www.cheekymonkeyz.com.au

NOTICES



Tools for Parents®

Richmond Community Services Inc. is pleased to be able to offer **FREE groups with FREE childcare** For parents/primary carers of children 0-12 years

Calendar 2020—June 2021

Workshop/Group:	Date(s):	Time(s):
Be A Great Dad	Weds 18th November 2020	6.30 - 9pm
Early Parenthood & Its Challenges	2 weeks ongoing—Saturdays 20th & 27th February 2021	10am - 12.30pm
Thriving Babies—Strategies for Parents	Weds 24th February 2021	10am - 12.30pm
Conflict Resolution for Couples	3 weeks ongoing - Saturdays: 6th, 13th & 20th March 2021	10am - 12.30pm
Aggression in Kids—Help for Parents	Weds 10th March 2021	6.30 - 9pm
Helping the Anxious Child	Weds 24th March 2021	6.30 - 9pm
Helping Kids Deal with Anger	Weds 21st April 2021	10am - 12.30pm
Managing Challenging Behaviours in Kids	3 weeks ongoing - Saturdays: 24th April, 1st & 8th May 2021	10am - 12.30pm
Supporting Kids Through Grief & Loss	Weds 5th May 2021	6.30 - 9pm
Navigating Your Child's Anxiety Through Primary School	Saturday 15th May 2021	10am - 12.30pm
Be A Great Dad	Weds 19th May 2021	6.30 - 9pm
Supporting Parents & Kids Through Separation	2 weeks ongoing—Saturdays 22nd & 29th May 2021	10am - 12.30pm
Encouraging & Teaching Resilience in Kids	Saturday 5th June 2021	10am - 12.30pm
Building Emotional Intelligence in your Kids	Saturday 19th June 2021	10am - 12.30pm

**All held at: Richmond Neighbourhood Centre,
20 West Market Street, Richmond, NSW 2753.**

Call 02 4588 3502 e: admin@rcsi.ngo.org.au.

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children — and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project—and is delighted to offer them free to participants.

...making a difference...



NOTICES

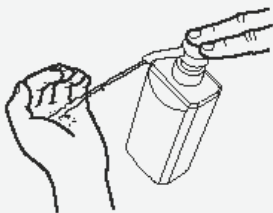
How to Handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED



Duration of the entire procedure: 20-30 seconds

1a



Apply a palmful of the product in a cupped hand, covering all surfaces;

1b

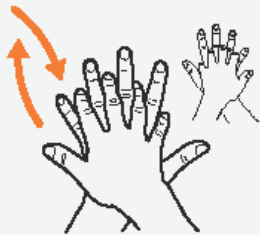


2



Rub hands palm to palm;

3



Right palm over left dorsum with interlaced fingers and vice versa;

4



Palm to palm with fingers interlaced;

5



Backs of fingers to opposing palms with fingers interlocked;

6



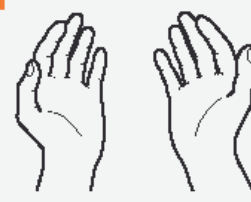
Rotational rubbing of left thumb clasped in right palm and vice versa;

7



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

8



Once dry, your hands are safe.



Patient Safety

A World Alliance for Better Health Care

SAVE LIVES
Clean Your Hands

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May 2009

NOTICES

WE'RE HERE TO HELP!

THE SCHOOL COUNSELLING SERVICE IS HERE TO HELP SUPPORT YOU AND YOUR FAMILY.

CHILDREN'S REACTIONS TO TRAUMATIC EVENTS MAY RESULT IN CHANGES TO THEIR BEHAVIOUR. IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD'S REACTIONS OR BEHAVIOUR, PLEASE CONTACT THE SCHOOL.



**SOME THINGS
YOU MAY
NOTICE IN
YOUNGER
CHILDREN...**

**Difficulty
sleeping**

**More
clingy**

**School
avoidance**

Tantrums

Irritability

**Physical
problems e.g.
headaches,
stomach
aches**

**Difficulty
concentrating**

Anger