



Grose View Public School Newsletter

4 December 2019

Term 4 Week 8

Volume 20

From the Desk of the Principal

Farewell Mr Leeson

It is with great sadness and disappointment that we farewell Mr Leeson at the end of the year. Mr Leeson will be returning to his substantive teaching position at Winston Heights Public School in 2020.

He has brought a wealth of expertise and knowledge to Grose View Public School and we are so appreciative of his professionalism and hard work. His calm, gentle approach to all students, staff and the wider school community has been appreciated. We have enjoyed many fun times with Mr Leeson and his students in 3/4L will miss him greatly when he finishes his time with us at the end of Week 9.



We wish him all the best in his future endeavours and will keep in touch!

Share Our Space

Grose View Public School will not be continuing our involvement in the Share Our Space Open School Program. Participating schools no longer receive funding and our recent experience left us with concerns about the nature and level of security provided to the school.

Bus Procedures

Just a friendly reminder that all students must have an Opal Card to tap on when boarding the bus. Numbers of students using the service are collected to make informed decisions in relation to future bus services.

All students have been reminded of appropriate bus behaviour on a number of occasions and the school would appreciate the support from parents and families on this issue.

Kiss and Drop Zone

It has been brought to our attention that there are a number of parents queuing across the bus bay circle. It is imperative that parents leave this area clear for the bus services to enter and exit safely with the children on board. Should the Kiss and Drop Zone spots be unavailable, we ask that you proceed to do a loop and return safely when a spot becomes available.

We appreciate that there is limited parking available to our school, however, we ask for your co-operation in this matter.

Please be mindful of illegal U-turns and remember to use the pedestrian crossing when crossing the road.

Rachel Graham



**In support of
White Ribbon**

KINDERGARTEN 2020

We have been delighted by the positivity and excitement from our visiting Kindergarten 2020 children who have come to visit three times last week in the Kindergarten Orientation program.

They played games, sang songs, read stories, played in the different playgrounds, had recess/lunch and most importantly got to meet our very excited Year 5 Buddies.

Whilst the children played the teachers ran parent workshops about some of the programs we have at Grose View Public School such as Positive Behaviour for Learning (PBL), School Counsellor support, Learning and Support, Literacy, Numeracy, Japanese, Library, STEAM, Visible Learning and Technology.

We will continue to have Kindergarten 2020 visiting for the next two Fridays to complete their Transition Program.

We would like to welcome our new families to our school for 2020 and look forward to having all the Kindergarten 2020 children beginning class on Monday 3 February following their Best Start Assessment the week before.

Heidi Lavender & Belinda Harrington



YEAR 3 CAMP—YMCA YARRAMUNDI

On Thursday 21 November, the intrepid heroes of Year 3 braved the hot and smoky conditions to embark on their first school camp. After saying goodbye to mum/dad, it began, as usual, with a quick welcome and the obligatory game of Ga-Ga Ball.

The excitement continued to build as the students made their way to the cabins. What room would they be in? Who were they bunking with? Once these important questions had been answered, the students moved off for lunch.

Following a delicious lunch, we formed our two groups: *Heroes and Legends*. Both groups participated in archery and rock-climbing. Along the way, the teachers challenged the students to work as a team and support their peers. It was pleasing to see all students take on advice and cheer their friends on.

Skip forward to the next morning and our young heroes and legends were beginning to tire (perhaps it was the teachers). Nevertheless, we replenished our energy supplies with a hearty breakfast, ready to tackle our new activities: giant swing and low ropes.

Once again, the students turned up for one another. They encouraged their friends to go higher on the giant swing, and even managed to get Miss Hage all the way to the top. Despite her screams resonating across the entire camp, Miss Hage demonstrated her capacity to be patient and persistent and a risk-taker. Great job, Miss Hage!

Finally, it was time for lunch and then home. By this stage we were hungry and exhausted, but everyone had a wonderful time. Students conquered their fears, smashed challenges and came out smiling. The teachers were extremely proud (and a little tired). Well done everyone!

Gregory Leeson



CONGRATULATIONS

Megan D performed with the PULSE dance ensemble at Schools Spectacular at Qudos Bank Arena last month. The spectacular involved over 5.500 performers from over 370 schools.

Megan said it was a truly amazing experience. Well done Megan!



BRYNORM'S

Brynorm's have made some changes to their opening hours.

Store opens	9.30 am
Closed for lunch	1.00-1.30 pm
Store closes	4.45 pm



Notes & Newsletters

Each time a note is sent home with every student, youngest/only students and selected students a copy is uploaded to our website under "School Notes". If a note has gone astray between school and home, please click on the link and print a copy at home.

Our School Bytes application is proving to be a great tool in ensuring that fewer children miss out on opportunities to join in school events. It allows us to email reminders about outstanding permission notes and/or payments. The emails are personally addressed by the application, however, if you have already returned the note and/or payment you may ignore the reminder.

For this reason, it is more important than ever to keep your email address up to date with the office.



Grose View Public School

~ A future focused school ~



Education
Public Schools

10 May 2019

Dear Parents

EXPRESSION OF INTEREST - KINDERGARTEN ENROLMENTS 2020

We are presently in the process of organising our Kindergarten Orientation Program for 2019. The program during Term 4, will involve activities such as parent/teacher meetings, pre-school visits, preschoolers attending our school and information packages.

If you are considering enrolling your child, or you know of someone who is, it would be appreciated if you could complete and return the form below. A letter regarding orientation for Kindergarten will be sent home at the end of Term 3. You are welcome to contact our school for further information.

Yours sincerely

Mr Damien Feneley
Principal

GROSE VIEW PUBLIC SCHOOL Kindergarten Enrolment 2020

Child's Name _____ Male / Female _____ Date of Birth ___/___/___

Mother's Name _____ Father's Name _____

Mailing Title _____ Home Phone _____

Home Address _____

In area Yes / No

Mobile - Mum _____ Mobile - Dad _____

Email - Mum _____ Email Dad _____

Is there any medical information or special needs your child may require at school? Yes / No

If yes, please give brief details _____

Does this child have any brothers or sisters enrolled at a NSW Government school? Yes / No

If yes, please provide the details of the most recently enrolled brother or sister.

Name _____ Male / Female _____ Date of Birth ___/___/___

School _____ Year _____ Class _____

2020 SCHOOL REQUIREMENTS

Kindergarten

Library bag (eg orientation bag)
Paint shirt
Kindergarten pack (to be purchased through office)

Stage 1

A4 128 pg exercise book—homework (2)
A4 clear document wallet
HB lead pencils (8) *
Pkt 12 coloured pencils
Whiteboard markers (2) *
Safety scissors
Pencil sharpener *
30 cm wooden ruler
35g glue sticks (2) *
Eraser *
Library bag
Paint shirt

* These items will need to be topped up at the beginning of Term 3

Stage 2

A4 128 pg exercise book—homework
A4 clear document wallet
HB lead pencils (4) **
Pkt 12 coloured pencils *
Fine point blue biros (4) **
Fine point red biros (4) **
Pencil sharpener *
30 cm wooden ruler
35 g glue stick **
Eraser **
Library Bag
Paint shirt

Stage 3

A4 clear document wallet
HB lead pencils (4) **
Pkt 12 coloured pencils *
Fine point blue biros (4) **
Fine point red biros (4) **
Scissors
Pencil sharpener *
30 cm wooden ruler
35g glue stick
Eraser **
Pencil case
Collins or Macquarie pocket dictionary
Geometry set
Calculator (optional)
Library bag
Paint shirt

** These items will need to be topped up at the beginning of each term

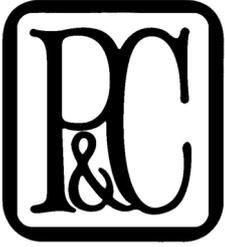
* These items will need to be topped up at the beginning of Term 3



CALENDAR

Friday 6 December	2.00 pm	Gymnastics program Scripture Assembly Kindy Transition 1
Monday 9 December	6.30 pm	P&C Meeting
Tuesday 10 December		Canteen open
Wednesday 11 December	9.30 am	Canteen open—recess only, no lunch orders Presentation Day
Thursday 12 December	6.00 pm	Year 6 Farewell
Friday 13 December	2.00 pm	Kindy Transition 2 3/L Class Party & Mr Leeson's last day
Monday 16 December		Canteen open—no Flexischools, limited stock Talent Quest Semester 2 Reports sent home
Tuesday 17 December	5.00 pm	Class Parties Carols with a View
Wednesday 18 December		Last day of Term 4 for students
Thursday 19 December		School Development Day
Friday 20 December		School Development Day
Tuesday 28 January		School Development Day
Wednesday 29 January		First day of Term 1 for students in Years 1-6 Best Start Assessments—Kindy
Thursday 30 January		Best Start Assessments— Kindy
Friday 31 January		Best Start Assessments— Kindy
Monday 3 February		First day of school for Kindergarten
Thursday 13 February		Hawkesbury Leadership Camp
Friday 14 February		Hawkesbury Leadership Camp
Monday 17 February		School Swimming Carnival
Wednesday 19 February	2.00 pm	Assembly—Gold Pennants & SRC badge presentation
Saturday 22 February	5.30 pm	Street Connect Community BBQ

P&C NEWS



P&C MEETING

Our next P&C meeting will be held on Monday 9 December commencing at 6.30 pm in the staffroom.

All parents are very welcome to attend.

FLEXISCHOOLS

You are now able to order canteen items through Flexischools.



NOTICES



RayWhite



Geoff Luscombe JP

0412 899 206

geoff.luscombe@raywhite.com

Proudly sponsoring Grose View Public School P&C

Geoff Luscombe is celebrating 10 years of selling Real Estate throughout the Hawkesbury.

When experience and local knowledge counts, give Geoff a call to arrange an obligation free appraisal.

raywhitenorthrichmond.com.au

NOTICES

3 December 2019



Hi Families

Shaun here from Cheeky Monkeyz!

I just wanted to let families know that Cheeky Monkeyz will be looking at running a School Holiday Vacation Care Program at Grose View Public School in January 2020. The program is not just for the children of Grose View Public School. Everyone is welcome! You may bring along your siblings, cousins or friends from other schools.

Children will require the following items for the day:

- Hat
- Sunscreen
- Water bottle
- Morning tea & lunch
- Enclosed shoes
- Change of clothes
- Towel for wet activities

I have outlined a normal day of vacation care with Cheeky Monkeyz with some rough times. **Depending on numbers** we may also have some other activities such as: a waterslide day, jumping castle, fire brigade visit etc

8:30 am-9:00 am	Drop off children at school hall and sign in your child
9:00 am-10:10 am	Free time (playground and games with Shaun)
10:10 am-10:30 am	Morning tea whilst watching a DVD
10:30 am-12:00 pm	Sports and Games - Soccer, Basketball, Water Bomb Fight, Athletics, Playtime with Cheeky Monkeyz, Tackle Tyre & Mat (Soft foam)
12:00 pm-12:45 pm	Lunch whilst watching a DVD
12:45 pm-2:00 pm	Free time in the hall, musical chairs, Twister, UNO, colouring-in and drawing
2:00 pm-3:15 pm	Party games with Shaun, tug-o-war, red rover/bulrush, dodge ball, 3-legged races, Mr Wolf, stuck in the mud and many more
3:15 pm-3:30 pm	Afternoon tea - ice blocks
3:30 pm-4:30 pm	Free time while children are getting picked up and parents must sign their children out.

Activities vary from day to day to accommodate children attending on more than one day.

Dates:	Monday 6 January to Friday 10 January 2020 Monday 13 January to Thursday 16 January
Times:	8:30 am to 4:30 pm (Early drop off or late pick can be arranged)
Cost:	\$55 per day per child (\$70 for inflatable jumping castle/waterslide day) Discounts available for multiple days and kids
Location:	Grose View Public School
Ages:	4-10 year old boys and girls (some older and younger will be ok)

For more information or bookings call 0421 251 002 or email shaun@cheekymonkeyz.com.au.

Yours sincerely

Shaun Farley

NOTICES

THE AUSTRALIANA PIONEER VILLAGE



ROSE STREET, WILBERFORCE
(Behind the Heritage Hotel/Motel)
Ph 02 4575 1777 / 0438 751 775
www.theapv.org.au

Upcoming Events



Sunday 10th November
Remembrance Day
Service

Sunday 24th November
The Village's
49th Birthday



Friday 6th December
Twilight
Christmas Market

... 2020 ...

Sunday 26th Jan

Australia Day

Sunday 9th February

Sydney Military Muster

a great venue for your Christmas Party
and we can arrange for a free Santa Visit

Children under 5 FREE, School Children \$3,
Adults \$5, Family Pass \$15
FREE Parking inside The Village

NOTICES

A promotional poster for a Christmas event. The background is dark with colorful bokeh lights in shades of red, purple, and blue. The text is white and stylized. The main title 'Light OF THE WORLD' is in a large, cursive font. To the right, a blue circular graphic contains the event details. At the bottom, the location and website are listed.

**Light
OF THE
WORLD**

**OUTDOOR FESTIVAL
+ INDOOR CAROLS
DEC 15 | FROM 4:30PM**

**FREE RIDES,
FOOD, FACE PAINTING, SANTA,
CAROLS AND CHRISTMAS
FUN FOR THE WHOLE FAMILY!**

357 WINDSOR RD, VINEYARD | VINEYARDCHURCH.COM.AU



Colo High School Uniform Shop



2020 stock now in!

Open every Monday and Wednesday 7:30am – 1pm

On Orientation Day for Yr 7 2020, the Uniform Shop will be available for parents during one of the sessions. As your student(s) will be with you, it is a great time to check fit. Extra staff employed to minimise wait!

Holiday hours

January 21st, 24th and 28th: 9am – 1:30pm

Please be advised, while the shop is open during these times, limited staff can result in long lines.

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HEALTHY KIDS

SNACK BOXES DELIVERED

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SNACKWIZE

NOTICES

Macquarie Towns Arts Society's School Holiday Arts & Crafts Workshop Program 13th-24th January, 2020

Mon 13th	10 am-12 noon	Tie Dye a Library Bag	1-3 pm	Decorate a Treasure Box
Tues 14th	10 am-12 noon	Draw & Paint a Calendar	1-3 pm	Paint a Mermaid
Wed 15th	10 am-12 noon	Draw Fantasy Creatures	1-3 pm	Make Colourful Clay Critters
Thu 16th	10 am-12 noon	Create Crystal Fairy & Wizard	1-3 pm	Make Dragon Wind Chimes
Fri 17th	10 am-12 noon	Draw Cartoons	1-3 pm	Acrylic Pouring (8 yrs+ \$20)
Mon 20th	10 am-12 noon	Paint a Landscape	1-3 pm	Make Your Own Slime
Tues 21st	10 am-12 noon	Paint Pet Rocks	1-3 pm	Paint an Underwater Scene
Wed 22nd	10 am-12 noon	Make Your Own Dragon	1-3 pm	Make Magic Lanterns
Thu 23rd	10 am-12 noon	Make a Paper Dream Catcher	1-3 pm	Make Pottery
Fri 24th	10 am-12 noon	Make Jewellery	1-3 pm	N/A

Cost: \$15 per 2 hr workshop - everything supplied
Venue: Richmond Art Supplies, shop 1, 328 Windsor St, Richmond
Bookings Essential: phone Deidre 0412 979 731

MTAS After School Art Classes for Term 1, 2020, also now enrolling
For more information go to www.mtas.com.au

kidshelpline 
Anytime Any Reason

We're here for your kids, if they need support they can...



Call us for FREE
1800 55 1800



Email us



WebChat with us

Parents! For more information and resources,
please check out our Kids Helpline parents section

kidshelpline.com.au/parents

NOTICES



Transition to High School Newsletter

Transitioning to high school can be an exciting time and full of new experiences, but it can also be worrying and challenging for many young people. These worries are all normal. High school also means a move from the familiar to the unknown, and a whole new way of doing things.

New social expectations

High school is a time of major social growth and going from being the oldest students in primary school to being the youngest in high school can be scary. Many students worry about their ability to fit in, make new friends and establish their position within a peer group.

New academic expectations

Young people can also worry about handling the extra workload. They need to adapt to new teaching and assessment styles, cope with a wider range of subjects, and adjust to having different teachers in different classrooms. Students are expected to become more responsible for their own learning.



facebook.com/parentinewsouthwales

PLIn001



Parent Line NSW
1300 1300 52
Parentline.org.au

NOTICES

Getting around

Young people have to adjust to a new school campus, find their way around, get to class on time with the right books and materials, and possibly cope with new transport arrangements.

Longer days

The days at high school can also be longer and more tiring, possibly due to sporting commitments before or after school and using public transport for the first time.

Changes in body

The hormonal changes that accompany puberty and drive physical, emotional and cognitive growth can be confusing and overwhelming.

During such significant changes, it is not uncommon for new high school students to feel:

- Anxious that he/she will not fit in.
- Worried that he/she will not be able to cope with new demands.
- Nervous about learning new routines, making new friends or wearing a new uniform
- Unhappy and lonely until new friends are made.
- Sad about missing old friends and their old school.
- Lost and confused.



Signs of stress

The young person might show their stress in the following ways:

- Headaches, stomach pains, feeling 'jittery' or not wanting to go to school
- Changing behavior such as rebelling, being silly or withdrawing
- Not wanting to talk
- Being disagreeable
- Being irritable and short-tempered

Parent Line counsellors can help you if you are worried about how to support your teen.

Questions or things to consider when deciding on a high school

- What are the unique needs of my child and will this school meet those needs?
- How does the school support students who have academic, social or emotional difficulties?
- What is the school's approach to student discipline?
- What is the school's approach to student safety and bullying?
- What electives, sports, and service opportunities are available?
- How does the school measure individual achievement and progress?
- What is expected of my child with regards to homework?

Parent Line is open 7 days per week from 9am – 9pm Monday to Friday and 4pm – 9pm on weekends. Parents and carers can get in touch by calling Parent Line on 1300 1300 52 (for the cost of a local call) or, alternatively, they can private message us on facebook and we can arrange for a Parenting Counsellor to call them back.



[facebook.com/parentlinenewsouthwales](https://www.facebook.com/parentlinenewsouthwales)

PL1001



Parent Line NSW
1300 1300 52
Parentline.org.au

NOTICES



Australian
Childhood Anxiety
TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 cadrp@griffith.edu.au

 griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council

 **Griffith**
UNIVERSITY
Queensland, Australia

GU Ref No: 2019/146

NOTICES

IS YOUR CHILD USING A HANDHELD DEVICE ?

This research will involve a two-part online survey that is expected to be completed in 2019 and in 2020. Each survey will take approximately 30 minutes.

If your child is born between 30/10/2013 to 28/02/2015 and engages in handheld device use, we would like to hear from you!

Screen time is a popular pastime activity in children today. We are interested in exploring the effects of parental wellbeing and handheld devices (e.g. iPads, tablets, mobile phones) on development.

YOU WILL GO INTO THE DRAW TO WIN 1 OF 4 \$100 COLES/MYER GIFT CARDS!!!

HOW TO PARTICIPATE

SCAN THE QR CODE



OR

https://bit.ly/st_survey19

ON THE WEB AND ENTER PASSWORD SCREEN19

This proposal has been approved by the UTS Human Research Ethics Committee (HREC#: ETH18-2354)

For further questions or information, please feel free to contact:
Primary Researcher: Nghi Bui (ngbi.bui@student.uts.edu.au)
Primary Supervisor: Dr John McClellan (john.mcclellan@uts.edu.au or 9514 7240)
Secondary Supervisor: Dr Josephine Paparo (josephine.paparo@uts.edu.au or 9514 4276)



NOTICES



Grose Vale Brigade – We need you!!

Have you ever thought of volunteering with the Rural Fire Service? Helping to protect and serve our community and our environment? Have you ever wondered what it may be like to be a volunteer bushfire fighter?

Grose Vale Brigade is seeking new members who are keen to offer their time as a volunteer firefighter.

Our brigade members are men and women from all walks of life, young and old, from different cultural backgrounds and all kind of professions.

After a basic training, brigade members attend a range of incidents and activities including bush and grass fires, house and structure fires, motor vehicle accidents, hazard reductions and community education events, to name just a few.

If you are keen to broaden your skill set, the RFS offers a wide range of additional training to its members and offers multiple opportunities to develop leadership.

If this sparks your interest and you would like to know more, come and see us at the "RFS Get Ready Weekend" on Saturday, 14th September at Bowen Fountain Park from 10:00am until 2:00pm

You can also call our Training Officer, Greg Walker on 0408 683 395 or drop us an e-mail at info@gvrfb.com



NOTICES

Hawkesbury Helping Resources

CREATED TO ENSURE YOU CAN GET HELP WITH JUST ONE PHONE CALL

FaCS Child Protection Helpline (24hr)	132 111
Mental Health Access Team	1800 011511
Nepean Hospital Detox	4734 1333
NSW Domestic Violence Line	1800 656 463
Mens Line Australia (24hr)	1300 789 978
Alcohol Drug Info Service	1800 422 599
Department of Human Services (Windsor)	132 850

FREE MEALS

Hawkesbury Community Kitchen	4577 5203
38A Macquarie St Windsor Mon, Tues, Thurs & Fri 10am-1pm Mon-Fri 6pm-7pm	
Hawkesbury Helping Hands (Windsor)	0416 956 263
Lunch Wed & Dinners Sat & Sun	
The Living Room (Richmond)	4578 8007
Wed & Thurs 10-2pm East Market St behind the barber	

FOOD PARCELS AND VOUCHERS

Hawkesbury City Salvation Army	1300371288
Hawkesbury Community Services	4587 8091
St Vincent De Paul (Windsor)	4577 4880
Hawkesbury Helping Hands	0416 956 263
Women's Cottage Richmond (Women only)	4578 4190
Christ Mission Possible	1300HELP2U

OTHER SERVICES

ONE80TC Rehab (Men & Women)	1800 679 657
PLATFORM Youth Services	47 600 800
Wentworth Community Housing	4777 8000
San Miguel - yourtown (Families)	4579 6622
HDHS SJOG Counseling services, Drug & Alcohol, Cannabis clinic/smoking cessation	4560 5714
Hawkesbury Community Services	4587 8091
StreetMed Homelessness Support Team	0417269475
Western Sydney Tenant's Service	8833 0933



1800 152 152

Link2home is a single state-wide information and referral service available 24 hours a day, 7 days a week. Our trained Link2home staff will assess your needs and, if needed, refer you to a local service to help you get the support you need.

Specialist Homelessness Services

The Right Door

1800 760 071

Freecall number to access specialist services in Lithgow, Blue Mountains, Hawkesbury and Penrith Local Government Areas (operating in business hours). Follow the prompts to talk directly to the local service that best meets your need.

Partner Organisations:



Hawkesbury District Health Service



An initiative of the Hawkesbury Housing Forum and Hawkesbury City Council